

QUEENSLAND YOUTH AND U15 CHAMPIONSHIPS

EVENT HOST INFORMATION



MILTON WEIGHTLIFTING CLUB LOCATION

Milton Weightlifting Club is located at MolyFit in Milton.

MolyFit

32 Cribb St, Milton. Q. 4064

Entrance at 32 Cribb St.



Entrance at 11 Crombie St.



CANTEEN

Milton WC members will be running a canteen on Saturday. Please see the menu below. The club would very much appreciate your support in eating all the yummy food available.

HOT FOOD	Fried Rice (gluten free)	\$6.00
	Spaghetti and Meat Balls	\$6.00
	Sausage Rolls	\$4.50
	Spinach and Ricotta Pastry	\$4.50
SNACKS	Raw Balls	\$4.00
	Bananas	\$1.00
	Packet Chips	\$2.50
	Chocolate Bars	\$3.00
	Mixed Lolly Bags	\$1.00
DRINKS	Sports Drinks	\$5.00
	Tea and Coffee	\$1.50

PARKING & TRANSPORT

MolyFit does have onsite parking for about 10 cars, however this will be reserved for use of Technical Officials over the weekend of the Queensland Youth & U15 Championships.

N.B: There is an event on at Suncorp Stadium in Milton on Saturday July 27. The council will tow cars that are parked for more than 15 minutes during restricted parking hours for this event and within the stadium parking precinct known as the Lang Park Traffic Area. See these links for more info:

<https://www.brisbane.qld.gov.au/traffic-and-transport/parking-in-brisbane/special-event-parking/suncorp-stadium-lang-park-traffic-area>

<https://www.suncorpstadium.com.au/Events/Wallabies-v-Argentina.aspx>

In addition, the Milton Markets are on Sunday and the area will be very busy until the early afternoon.

Paid parking is available at the Milton Green Car Park at 19 Little Cribb Street, Milton. This is only a couple of minutes walk from MolyFit.

Book online at https://www.secureparking.com.au/en-au/car-parks/australia/queensland/brisbane/milton/office-park-car-park?gclid=EAlalQobChMIq7XFrsim4wIVwzUrCh2ZcgZ5EAAAYASAAEgJqcfD_BwE

The Milton train station is about 2 minutes walk from MolyFit.

The Milton ferry terminal is within walking distance (about 10 minutes) and travels to Hamilton (via Brisbane City and South Bank) or to the University of Queensland.

PRE-COMPETITION TRAINING

Use of Milton WC facilities for training is available to those competing in the Queensland Youth & U15 Championships for a cost of \$10 per session (paid by card or cash at the gym), and is available at the following times:

Thursday July 25: 7:30am to 5pm

Friday July 26: 6am to 11am, 1pm to 6pm

OTHER NOTES

MolyFit is close to the Park Rd precinct where there are many cafes, restaurants and bars.

The Milton Markets are on Sundays from 7am to 1pm.

Bring warm clothes as Milton can be very brisk!

Milton WC looks forward to welcoming competitors, coaches, family and friends and competition volunteers for the Queensland Youth & U15 Championships. Best wishes to each competitor and many thanks in advance all the coaches and volunteers that will help to make the competition another successful event in the QWA calendar.